10 Ways to Prepare Your Child for Kindergarten

- 1. Read **books** everyday. Listen to a story attentively for at least 10 minutes.
- 2. Develop **fine motor skills**: (holding a pencil correctly, coloring in the lines, filling in the white spaces, cutting on lines with scissors)
- 3. Print first name with only the first letter capitalized.
- 4. Learn to follow 2-step **instructions**: "Please go get your shoes and then put them on."
- 5. Use good manners: "Please" and "Thank You"
- 6. Talk about social skills: sharing, taking turns, positive words, talk about handling anger.
- 7. Help your child take **responsibility**: clean up their messes, dress themselves (button buttons, snap snaps & zip zippers), get their own snacks, proper bathroom etiquette.
- 8. Practice number recognition: Count objects daily to 10.
- 9. Practice letter and sound recognition: Practice saying the letters and their sounds every day.
- 10. Build **self-esteem**. Praise your child often because Kindergarten is hard!

